

Kayla's Place is a Child Abuse Treatment Program funded through the State of California to provide assessment and treatment services to children that have experienced abuse and violence in the home. The staff of Kayla's Place is trained in the innovative Parent Child Interactive Treatment (PCIT) technique.

Parent-Child Interaction Therapy (PCIT) a treatment modality for children that have been diagnosed with conduct disorders. This treatment places emphasis on improving the quality of the parent-child relationship and changing parent-child interaction patterns.

In PCIT, parents are taught specific skills to establish a nurturing and secure relationship with their child while increasing their child's behavior and decreasing negative behavior.

This treatment focuses on two basic interactions:

- Child Directed Interaction (CDI) is similar to play therapy in that parents engage their child in a play situation with the goal of strengthening the parent-child relationship;
- Parent Directed Interaction (PDI) resembles clinical behavior therapy in that parents learn to use specific behavior management techniques as they play with their child.

